

## What Do You Know About Cervical Cancer?

Each year, just over 30 Montana women get cervical cancer.<sup>1</sup> Although this number is low, Montana women should get regular cervical cancer screenings, called Pap tests.<sup>1</sup>

A Pap test can find cervical cancer in its early stages. If you are a woman aged 21 – 65, getting regular Pap screenings is one of the best ways to stop cervical cancer.<sup>2</sup>

The *human papilloma virus* (HPV) is most often the cause of cervical cancer. The virus is common and has many types. Only some types may lead to cancer.<sup>1</sup>

## What Can You Do?

Get screened.



Pap tests can find cervical cancer early.<sup>2</sup>

Do not use tobacco.



Tobacco use is linked to many kinds of cancer.<sup>3</sup>

Know your body.



Talk to your doctor about any changes to your body.

**For Montana Cancer Screening Services information, call: 1-888-803-9343.**

**Visit our website for more information:**

[www.cancer.mt.gov](http://www.cancer.mt.gov)  
[www.mtcancercoalition.org](http://www.mtcancercoalition.org)

**Kathy Myers**  
**Section Supervisor**  
1400 E. Broadway  
Helena, Montana 59260-2951  
(406) 444-3385

<sup>1</sup>Montana Chronic Disease Prevention and Health Promotion Bureau, Montana Cancer Control Programs. Chronic Disease Surveillance Report. *Cervical Cancer in Montana*. Jan. 2013. Available at: <http://www.dphhs.mt.gov>

<sup>2</sup>Montana Department of Public Health and Human Services. *Fast Facts: Gynecologic Cancers*. Jan. 2013. Available at: <http://www.dphhs.mt.gov/publichealth/cancer/documents/GynecologicCancerFastFacts.pdf>

<sup>3</sup>Montana Cancer Control Coalition, *Montana Comprehensive Cancer Control Plan: 2011-2016*. Available at: <http://www.mtcancercoalition.org>